



# HealthSouth Rehabilitation Hospitals HOME ADMISSION PROGRAM

As a healthcare provider, you want your patients to receive the best care possible. If you think a patient would benefit from an inpatient rehabilitation hospital stay, consider referring your patient to a home admission program with us.

Patients who are experiencing a functional decline may qualify for rehabilitation admission, even if they are currently living at home. Rehabilitation hospitals do not require an acute hospital stay prior to admission. And since inpatient rehabilitation treatment provides more intensive therapy and focuses on practice of daily living activities with rehabilitative nurses, patients can return home with greater function and independence – a win/win for everyone.

## Consider These Questions Before You Make a Referral

- Do you see patients with an illness or injury that has resulted in a decline in their abilities to walk or perform self-care activities?
- Do you have repeat visits from patients due to frequent falls and increased weakness?
- Are you concerned about sending patients home because of declining capabilities?

If you answered “yes” to any of the above questions, our home admission program may be the source you need to have patients evaluated for inpatient acute care.

## Admission Criteria

Before a patient qualifies for a referral to us, several factors must first be addressed:

- Rehabilitation diagnosis and goals (see list at right)
- Needs or comorbidities that require a physician\* for monitoring

- Expectations that the patient will tolerate and benefit from comprehensive therapy, and can return home after a short rehabilitation stay
- Rehabilitation hospital physician for inpatient acute rehabilitation admission
- Remember: There is no three-day acute hospital stay requirement prior to admission.

## Conditions Treated

Diagnoses for admission from home include, but are not limited to:

- Amputation
- Arthritis
- Cardiac disorders
- Chronic pain
- Diabetic neuropathy
- General debilitation
- Neurological disorders
  - Brain injury
  - Cerebral palsy
  - Multiple sclerosis
  - Muscular dystrophy
  - Post polio
  - Spinal cord injury
- Orthopedics
- Parkinson’s disease
- Post-CVA, TBI or SCI
- Pulmonary disorders
- Previous stroke with increased weakness due to new illness or injury
- Rheumatoid arthritis

## What to Expect

Our rehabilitation team offers a comprehensive approach to patient care, helping them achieve their greatest functioning abilities. Compare services offered, and you’ll see our difference.

\* The hospital provides access to independent physicians.

| Characteristic                                       | Rehabilitation Hospital            | Nursing Home                     |
|--|------------------------------------|----------------------------------|
| Frequent visits by an attending physician            | Required                           | Not required                     |
| Multidisciplinary team approach                      | Required                           | Not required                     |
| RN oversight and availability                        | 24 hours/day                       | At least 8 consecutive hours/day |
| Nursing hours per patient per day                    | Between 5 and 7.5 hours            | Between 2.5 and 4 hours          |
| Specialty nursing training, rehabilitation expertise | Yes                                | Not required                     |
| PT, OT, and/or speech therapy level of service       | 3 hours/day, 5 days/week (minimum) | No minimum                       |

### Referral Process

Our rehabilitation liaisons are available to complete a patient assessment. Contact our admissions office to start the referral process. We ask for demographic and medical information on your patient and coordinate his or her admission for you.

### Insurance Coverage

Prior to admission, our representatives verify your patient's insurance. If a pre-certification is required, additional time may be needed to complete that process.

### More Information

If you have any questions regarding the home admission program, please call us. We look forward to helping you achieve a higher level of care for your patients.

“In comparisons of stroke patients in the United States who received care in rehabilitation hospitals or in nursing homes, those who received care in rehabilitation hospitals were more likely to return to the community.”

Duncan, PW, et al. “Adherence to Postacute Rehabilitation Guidelines is Associated with Functional Recovery in Stroke.” *Stroke* 33 (2002): 167-178.

“Our study and previous research suggest that for stroke patients...more comprehensive rehabilitation of the kind provided in rehabilitation facilities produces better outcomes.”

Kramer, AM, et al. “Outcomes and Costs After Hip Fracture and Stroke: A Comparison of Rehabilitation Settings.” *JAMA* 277 (1997): 396-404.

*A Higher Level of Care®*

**HEALTHSOUTH**  
Rehabilitation Hospitals

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